

# PEEL COMMUNITY CARE WEEK 1

(08) 9531 2076

BANK DETAILS BENDIGO BANK: BSB: 633108 ACCOUNT NO: 145297974

	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>	<i>Sunday</i>
<i>Soup</i>	<i>Cauliflower Soup</i>	<i>Vegetable Soup</i>	<i>Broccoli &amp; Leek Soup</i>	<i>Tomato &amp; Basil Soup</i>	<i>Pumpkin &amp; Chive Soup</i>	<i>Cream of Chicken Soup</i>	<i>Curried Lentil Soup</i>
<i>1<sup>st</sup> Choice</i>	<i>Navarin of Lamb Cauliflower Cheese Zucchini Diced Boiled Potatoes</i>	<i>Chicken Parmigiana Peas &amp; Corn Carrot Creamed Potato</i>	<i>Pork &amp; Chorizo with Ratatouille Vegetables Aussie Beans Pumpkin Creamed Potato</i>	<i>Penne Alfredo  Broccoli Soft Veg Mix Potato Bake</i>	<i>Traditional Fish &amp; Chips  Carrot Peas Tartare Sauce</i>	<i>Sweet &amp; Sour Chicken  Pumpkin Peas Puree Rice</i>	<i>Roast Chicken &amp; Gravy Roast Sweet Potato Carrot Cabbage Roasted Potato</i>
<i>2<sup>nd</sup> Choice</i>	<i>Chicken Cacciatore Cauliflower Cheese Zucchini Diced Boiled Potatoes</i>	<i>Beef Lasagne Pumpkin Pee Puree Carrot Cream Potato</i>	<i>Apricot Chicken  Aussie Beans Pumpkin Rice</i>	<i>Sausage in Onion Gravy  Soft Veg Mix Parmesan &amp; Chive Mash</i>	<i>Beef Rissoles  Peas Puree Carrot Cream Potato</i>	<i>Macaroni Cheese with Broccoli &amp; Sundried Tomato  Pumpkin Diced Creamed Potato</i>	<i>Burgundy Beef &amp; Vegetable Pie Roast Sweet Potato Carrot Cabbage Cream Potato</i>
<i>Vegetarian</i>	<i>Vegetable Casserole Cauliflower Cheese Zucchini Diced Boiled Potatoes</i>	<i>Vegetable Lasagne Broccoli Cream Potato</i>	<i>Vegetable Curry  Aussie Beans Pumpkin Rice</i>	<i>Vegetable Lentil Pie  Soft Veg Mix Parmesan &amp; Chive Mash</i>	<i>Vegetarian Sausage Peas Carrot Creamed Potato</i>	<i>Vegetable Satay  Pumpkin Peas Rice</i>	<i>Spinach &amp; Mushroom Quiche Roast Sweet Potato Cabbage Cream Potato</i>
<i>Dessert</i>	<i>Baked Cheesecake</i>	<i>Lemon Cake &amp; Custard</i>	<i>Chocolate Mud Cake</i>	<i>Tiramisu</i>	<i>Pineapple Upside Down Cake</i>	<i>Mango Panna Cotta</i>	<i>Marmalade Pudding Custard</i>
<b>ALL DESSERTS ARE SUITABLE FOR DIABETICS</b>							